

Hallenbelegungsplan Hans Dubbels Halle Herbst/Winter 2019/2020

| Montag | | Dienstag | | Mittwoch | | Donnerstag | | Freitag | | |
|--------|-------------------------------------|----------|-----------------|----------|------------------------|------------|-------------------------------------|--|-------|-------|
| Zeit | | Zeit | | Zeit | | Zeit | | Zeit | | |
| 14:00 | | 14:00 | | 14:00 | | 14:00 | | 14:00 | | |
| 14:30 | | 14:30 | | 14:30 | SV Breitenwisch | 14:30 | | 14:30 | | |
| 15:00 | Eltern und Kind Brüggemann | 15:00 | MTV reserviert | 15:00 | | | 15:00 | Kindertagesstätte | 15:00 | |
| 15:30 | | 15:30 | | | | 15:30 | | Seniorengymnastik Walter | 15:30 | |
| 16:00 | Eltern und Kind Brüggemann | 16:00 | | | | 16:00 | MTV reserviert | 16:00 | | 16:00 |
| 16:30 | | 16:30 | | | | 16:30 | | 16:30 | | 16:30 |
| 17:00 | Jazztanz Hip Hop A.-K. Umland | 17:00 | | 17:00 | | | 17:00 | Leistungsturnen Kinder Nicole Stüven + Ina v. Holten | 17:00 | 17:00 |
| 17:30 | | 17:30 | | 17:30 | | | 17:30 | | 17:30 | 17:30 |
| 18:00 | Karate Jugendl.+Erw. v.Holt | 18:00 | | 18:00 | | | 18:00 | | 18:00 | 18:00 |
| 18:30 | | 18:30 | | 18:30 | | | 18:30 | | 18:30 | 18:30 |
| 19:00 | Trimm Dich Frauen Reinicke | 19:00 | Yoga Breuer | 19:00 | | | 19:00 | SV Breitenwisch | 19:00 | 19:00 |
| 19:30 | | 19:30 | | 19:30 | | 19:30 | | 19:30 | 19:30 | |
| 20:00 | | 20:00 | | 20:00 | | 20:00 | Wirbelsäulengym Lindemann | 20:00 | 20:00 | |
| 20:30 | | 20:30 | | 20:30 | | 20:30 | | 20:30 | 20:30 | |
| 21:00 | Monday in Motion Nicole Stüven | 21:00 | SV Breitenwisch | 21:00 | | 21:00 | Trimm Dich Er und Sie A. Tamm | 21:00 | 21:00 | |
| 21:30 | | 21:30 | | 21:30 | | 21:30 | | 21:30 | 21:30 | |
| 22:00 | | 22:00 | | 22:00 | | 22:00 | | 22:00 | 22:00 | |

* Samstag, 09:30 - 10:30 Uhr: Karate (v.Holt) --> Kinder 5-11- Jahre
 10:30 - 12:00 Uhr: Karate (v.Holt) --> Kinder (fortg.), Jugendliche ab 12 Jahre